



LOYOLA COLLEGE OF ARTS & SCIENCE, METTALA

NSS ANNUAL REPORT – 2022

1. Free COVID-19 Vaccination Camp – III (Booster Dose)

- **Date:** 30.04.2022

The third vaccination camp was conducted to administer booster doses to students. The NSS Unit ensured proper coordination with the health department for effective implementation.

Students participated actively, and awareness regarding the importance of booster doses in strengthening immunity was emphasized.

A total of **35 students** received the booster dose under the supervision of healthcare professionals.

2. International Yoga Day Programme

- **Date:** 21.06.2022
- **Participants:** 52 Volunteers

International Yoga Day was celebrated to promote physical and mental well-being among students. A trained yoga instructor conducted a session demonstrating various yoga postures (asanas) and breathing techniques.

The session highlighted the importance of yoga in reducing stress, improving concentration, and maintaining overall health. The programme was interactive and encouraged students to adopt yoga in their daily routine.

3. Anti-Drug Awareness Campaign

- **Date:** 11.08.2022

To create awareness about the harmful effects of drug abuse, NSS volunteers organized an awareness campaign.

Pamphlets were distributed to school students and the general public. Awareness notices were displayed in public places such as bus stands at Salem, Attur, and Rasipuram.

The campaign aimed to educate people about the dangers of addiction and encourage a drug-free society.

4. Flag Distribution Programme

- **Occasion:** 75th Independence Day

As part of the Independence Day celebrations, NSS volunteers distributed more than **500 national flags** in and around Mettala.

The programme aimed to promote patriotism and national pride among the public. Volunteers interacted with residents and highlighted the importance of respecting national symbols.

5. Blood Donation Camp

- **Date:** 24.08.2022
- **Participants:** 50 Students
- **Units Collected:** 50 Units

A blood donation camp was organized in association with Government Hospital, Rasipuram. NSS volunteers coordinated the event efficiently, ensuring proper registration and support to donors.

Students donated blood voluntarily, showing a strong sense of social responsibility. Refreshments were provided after donation, and certificates were issued to all donors.

The donated blood was intended to support patients in need, especially those who cannot afford medical expenses.

6. Tree Plantation Drive

- **Duration:** September – October 2022
- **Participants:** 25 Volunteers

The NSS Unit conducted a plantation drive to promote environmental conservation. Volunteers planted more than **500 saplings** within the campus and surrounding areas.

The programme aimed at increasing green cover, improving air quality, and creating environmental awareness among students. Volunteers also took responsibility for nurturing the plants.

Conclusion

The NSS Unit actively engaged in health awareness, environmental protection, and social service activities, contributing significantly to community development.
